

KIT LIST



GENERAL INFORMATION

Warm and waterproof clothing is very important as it can get pretty cold during sailing, especially at night even in the Summer. A waterproof and windproof jacket and overtrousers are recommended to help keep warm and dry. For the same reason bring rubber boots or waterproof shoes, preferably 2 pairs in case one gets wet, with some profile on the soles which is necessary to avoid slipping on a wet deck. Sun cream is also essential to protect against sunburn during long periods of being outdoors.

Please remember that space on board is limited and that you will generally not require smart clothing. Pack comfortable and practical clothing for all weather circumstances. It is recommended to pack in a sports bag that can easily be stored away as there is no room on board for suitcases.

Electricity on board is mainly 3 pin sockets but we do have adaptors if needed. Please also note there is a non-smoking policy on board Maybe.

PASSPORTS, EHIC AND TRAVEL INSURANCE

If your voyage is sailing to foreign shores, you will require a full passport that is valid for 6 months after the end of the voyage or an identity card. You will be responsible for obtaining any necessary visas.

European citizens can obtain a European Health Insurance Card (EHIC). The EHIC is a replacement for the old E111 and is free. Application forms are available from the post office or via the internet.

We do insist that all trainee crew take out relevant travel insurance to cover their voyage. We do like to check that you have travel insurance when you arrive on board.

MEDICAL CONDITIONS AND SPECIAL DIETS:

Please inform us in advance of any medical conditions and medication which you might need to bring on board with you. If you have any special dietary requirements it is also helpful to inform us at the time of booking.

GENERAL ITEMS:

- GPS and Batteries – Only if you have one for your own personal interest.
- Tea Towels x 3
- Small torch & batteries or preferably a head torch

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PERSONAL ITEMS TO PACK:

- Warm hats
- Warm gloves
- Wet weather clothing - waterproof and windproof jacket and overtrousers
- Clothing – Enough clothing for all weather circumstances
- Wellies or waterproof shoes x 2 - must be non-slip soles
- Swimming gear
- Toiletries
- Binoculars (if you have your own)
- Camera
- Sleeping bag
- Pillowcase (pillows are provided)
- Towels
- Log book (if you have one)
- Trainers
- Sun cream
- Sunglasses
- Sea sickness medication
- Books
- Small amount of pocket money – food and soft drinks (not including fizzy drinks) on board are provided but pocket money is required if you need to buy anything extra in port.*
- Valid passport (minimum 6 months to date of expiry) or identity card.
- Travel insurance

PLEASE DO NOT BRING ANY JEWELLERY OR NON-ESSENTIAL VALUABLES ON BOARD.

* We supply breakfast, lunch and dinner with tea, coffee and non-fizzy soft drinks. Other snack foods such as chocolate, crisps, fizzy drinks, etc are not provided in the voyage price but can be provided with notice at extra cost.