



24 HOUR SCHOOL SAIL (PRIMARY SCHOOL) - TYPICAL ROUTINE

We are often asked what participants will do each day. Our experience has been that each trip and each day is different. Our programme and schedule are often based on the winds, currents, and tides. We don't plan a set itinerary because we find that it limits the programme possibilities and does not make the best use of a sailing vessel. Some days we may get up earlier in order to catch a tide or sail later in the evening to make use of a wind pattern. Schedule and routines are adjusted to take advantage of our weather. But in general, our school sails often resemble the following:

UPON ARRIVAL

- Pupils and leaders are organised ashore and last check of personal belongings, completed paperwork and provisioned goods.
- Pupils and leaders are met ashore by the Skipper and/or First Mate where they receive a warm welcome and basic instruction regarding how to board the boat and are each issued a lifejacket before boarding.
- Students and leaders board MAYBE.

ALONGSIDE

- Crew welcome pupils and assign student bunks. Group leaders and crew help pupils stow their kits.
- Skipper or First Mate brief **all** peoples a safety speech outlining:
 - Where to go and not to go
 - Safety equipment and basic procedures.
- Ice Breaker – a fun game to get the group pumped up and ready to set sail!
- Crew prepare to leave dock

- o Leaders are asked to help keep pupils under control and in specified area as boat leaves dock.
- Sail talk:
 - o How to set sail
 - o What to touch and how
 - o Importance of ‘working together’
 - o Crew assigns pupils to various lines and halyards and explain specific tasks

UNDERWAY

- Crew invites pupils and leaders to set sail (per Skippers orders)
 - o Note- throughout voyage sail handling may interrupt activities below and there may be times where the crew alone needs to handle the sails.
- Basic training – what you need to know in order to operate the ship safely:
 - o Sail handling
 - o Setting sail
 - o Deck safety
 - o Helming
 - o Navigation
 - o Line handling, etc.
 - More advanced lessons could include: meteorology, sail theory, ‘rules of the road’, etc.
- Goal Setting- pupils and crew set personal and group goals for the voyage
 - o Could be anything from learning to plot our course on a chart to helping another pupil stay positive through seasickness.
- Meal preparation and cleaning (lunch and snacks).
- Group Leader Activity (if your school has planned lessons, etc).
- Assign Watch Groups (if necessary and per Skipper).
- Group Activity/Ice Breaker- Crew

AT ANCHOR

- Meal preparation and cleaning (dinner and snacks, could happen whilst sailing as well).
- Shore exploration (if anchored in suitable environment).
- Group Games.
- Leader Activities.
- Group debrief – determine breakfast times and people on morning galley duty.
- Sleep.
- Meal preparation and cleaning (breakfast).

UNDERWAY

- Set sails
- Basic Training (see above for details)
- Group Games
- Leader Activities
- Group debrief- Personal and group goal check in (now or never!).
- Meal preparation and cleaning (snacks)
- Final group debrief (lead by crew)
- Clean boat

ALONGSIDE

- Finish cleaning boat
- Check personal belongings
- Farewells
- Safely disembark

To find out more about our school sails and arrange a meeting with our education co-ordinator, please contact frankie@maybe-sailing.com.